



Breakfast

Build a sandwich

Choose from...

£4

Bread

Brioche Sourdough

Gluten Free Sourdough

Filling

Sausage Bacon

Bubble & Squeak

Extras £1.50

Each

Mushrooms

Fried egg

Black Pudding

Tomato



Sides

Fries

£4

Sweet Potato Fries

£4.50

Jerk Fries

£4.50

Truffle & Parmesan Fries

£4.50



Salads

£11

All served on a base of mixed leaves, onion, tomato and cucumber with french dressing & vegan slaw

Grilled Halloumi

Balsamic Roasted

Mediterranean Vegetables

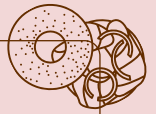
Chicken Caesar

Jerk Salmon

Southern Fried Cauliflower

Bagels

£7



The Big Bird

Cream cheese, cheese, chicken, bacon

The Breakfast Bagel

Sausage, scrambled eggs, bacon and cheese

The Bangin'

Avocado, red pepper, spinach, pesto and cream cheese

Toasties

£7.50

All served on homemade sourdough or homemade gluten free sourdough

Cheddar Cheese and Ham

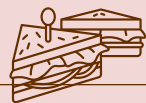
Beef and Horseradish

BLT (Bacon, lettuce, and tomato)

Mozzarella, Pesto, and Tomato

Jerk chicken

Hummus and Mediterranean Vegetables



Wings

£8

Served with a choice of...

Jerk Sauce

Buffalo Sauce

BBQ Sauce

Southern Fried Chicken

Wings 5pc

Southern Fried Halloumi 7pc

Vegan Cauliflower Wings 7pc



Drinks

Milkshakes £5

Chocolate

Salted Caramel

Vanilla



Smoothies £5

The Coal Yard

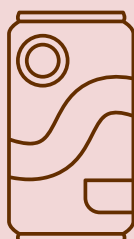
Bananas, Strawberries, Raspberries, Blueberries, activated charcoal, almond milk

Super Fruit

Apple, mango, pineapple, spinach, kale, orange juice

Banana & Peanut Butter

Bananas, peanut butter, almond milk



Juices £4.50

Cleanse

Cucumber, celery, apple, spinach, lemon

Revitalise

Carrot, orange, apple, lemon, ginger

Immunity

Beetroot, carrot, orange, lemon, ginger

Energise

Orange, lemon, turmeric ginger, black pepper,



Soft Drinks

Bottled Water £2

Coke / Diet Coke £2.50

7Up £2.50

Cawston Press Juice Boxes £1.80